



Monday	Tuesday	Wednesday	Thursday	Friday
				Nov 1
Nov 4 Cereal - Variety Diced Peaches Milk Milk, Skim	Nov 5 Cereal - Variety Bagel WG with Cream Cheese Fruit Cocktail Milk Milk, Skim	Nov 6 Cereal - Variety Iced Cinnamon Rolls (WG) Banana Milk Milk, Skim Apple Juice	Nov 7 Cereal - Variety Blueberry Muffins WG Yogurt Diced Pears Milk Milk, Skim	Nov 8 Cereal - Variety Mini Waffles Maple Madness Pineapple Chunks Milk Milk, Skim
Nov 11	Nov 12 Cereal - Variety Bagel WG with Cream Cheese Fruit Cocktail Milk Milk, Skim	Nov 13 Cereal - Variety Iced Cinnamon Rolls (WG) Banana Milk Milk, Skim Apple Juice	Nov 14 Cereal - Variety Blueberry Muffins WG Yogurt Diced Pears Milk Milk, Skim	Nov 15 Cereal - Variety Mini Waffles Maple Madness Pineapple Chunks Milk Milk, Skim
Nov 18 Cereal - Variety Diced Peaches Milk Milk, Skim	Nov 19 Cereal - Variety Bagel WG with Cream Cheese Fruit Cocktail Milk Milk, Skim	Nov 20 Cereal - Variety Iced Cinnamon Rolls (WG) Banana Milk Milk, Skim Apple Juice	Nov 21 Cereal - Variety Blueberry Muffins WG Yogurt Diced Pears Milk Milk, Skim	Nov 22 Cereal - Variety Mini Waffles Maple Madness Pineapple Chunks Milk Milk, Skim
Nov 25 Cereal - Variety Diced Peaches Milk Milk, Skim	Nov 26 Cereal - Variety Bagel WG with Cream Cheese Fruit Cocktail Milk Milk, Skim	Nov 27	Nov 28	Nov 29

This institution is an equal opportunity provider.

Welcome to OLV Human Services Farm to School Menus (F2S)

F2S spotlight local farms when available!

OLV Human Services is dedicated to providing our students with a safe and clean environment that meets all of their child nutrition needs during our school day.