



VICTORY EDUCATION

— AT OLV HUMAN SERVICES —

OLV Human Services Wellness Policy

OLV Human Services is committed to providing a residential environment that encourages and teaches our clients and staff lifelong wellness practices.

In an effort to educate and encourage maintenance of these practices we will:

- ~ Commit to provide a well balanced, diverse Food Service program that complies with all of our local, state and federal requirements. These requirements may be dictated from numerous governing bodies, to include all consumers that we provide service to. We participate in the School Breakfast and Lunch program and are CEP eligible so all students eat for free.
- ~ Participate in a “Farm to Table” local program to encourage fresh, local menu items.
- ~ Victory Academy at Nelson and Martin will continue to pursue and promote programs that encourage wellness. This will include campus nutritional education programs, cooking groups and wellness activities that encourage client participation.
- ~ Victory Early Education Centers will continue to promote a food based class once a month to strengthen our youngest students about the importance of wellness practices.
- ~ Physical activity is a daily party of all of our client’s routine. Activities are tailored to clients abilities and needs. Physical Education is part of the school curriculum, and the Activities Department offers numerous programs. Open gym, open swim times (seasonal), the weight room, intra-murals, dance groups, walking, jogging and hiking groups as well as planned healthy cooking groups. Groups offered are reflective of the seasons therefore offer a variety of activities to all of our clients and students.
- ~ Employee wellness is recognized as an important area throughout our agency. OLVHS recognizes that healthy staff are key to providing quality services to our clients. Healthy staff promotes positive healthy role models for clients as well as reduces absenteeism; reduce illness and injuries and all the costs related to such.
- ~ Provide an environment that offers a comfortable and safe atmosphere for mealtimes. Our agency will also comply with all safe food handling practices to ensure the highest of food safety protocol while offering the highest of food quality.