



Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1 Cereal - Variety Pineapple Chunks Milk Milk, Skim Apple Juice	Oct 2 Cereal - Variety Fruit Cocktail Milk Milk, Skim	Oct 3 Cereal - Variety Banana Milk Milk, Skim
Oct 6 Cereal - Variety Diced Peaches Milk Milk, Skim	Oct 7 Cereal - Variety Bagel WG with Cream Cheese Fruit Cocktail Milk Milk, Skim	Oct 8 Cereal - Variety Iced Cinnamon Rolls (WG) Banana Milk Milk, Skim Apple Juice	Oct 9 Cereal - Variety Blueberry Muffins WG Yogurt Diced Pears Milk Milk, Skim	Oct 10 Cereal - Variety Mini Waffles Maple Madness Pineapple Chunks Milk Milk, Skim
Oct 13	Oct 14 Cereal - Variety Bagel WG with Cream Cheese Fruit Cocktail Milk Milk, Skim	Oct 15 Cereal - Variety Iced Cinnamon Rolls (WG) Banana Milk Milk, Skim Apple Juice	Oct 16 Cereal - Variety Blueberry Muffins WG Yogurt Diced Pears Milk Milk, Skim	Oct 17 Cereal - Variety Mini Waffles Maple Madness Pineapple Chunks Milk Milk, Skim
Oct 20 Cereal - Variety Diced Peaches Milk Milk, Skim	Oct 21 Cereal - Variety Bagel WG with Cream Cheese Fruit Cocktail Milk Milk, Skim	Oct 22 Cereal - Variety Iced Cinnamon Rolls (WG) Banana Milk Milk, Skim Apple Juice	Oct 23 Cereal - Variety Blueberry Muffins WG Yogurt Diced Pears Milk Milk, Skim	Oct 24 Cereal - Variety Mini Waffles Maple Madness Pineapple Chunks Milk Milk, Skim
Oct 27 Cereal - Variety Diced Peaches Milk Milk, Skim	Oct 28 Cereal - Variety Bagel WG with Cream Cheese Fruit Cocktail Milk Milk, Skim	Oct 29 Cereal - Variety Iced Cinnamon Rolls (WG) Banana Milk Milk, Skim Apple Juice	Oct 30 Cereal - Variety Blueberry Muffins WG Yogurt Diced Pears Milk Milk, Skim	Oct 31 Cereal - Variety Mini Waffles Maple Madness Pineapple Chunks Milk Milk, Skim

This institution is an equal opportunity provider.

Welcome to OLV Human Services Farm to School Menus

National Hunger Hotline 1-866-3-HUNGRY 1-887-3-HAMBRE

***text "Food" to 304-304**

-Visit- SummerMealsNY.org

OLV Human Services is dedicated to providing our students with a safe and clean environment that meets all of their child nutrition needs during our school day.