



Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1 Omelet, Egg w/Cheese Fresh Cucumber and Tomato s lices Apple Cinnamon Muffin Banana Milk Milk, Skim	Oct 2 Chicken Fingers BBQ sauce pc Peas Sweet Potato Bites Fruit Cocktail Apple Juice Milk Milk, Skim	Oct 3 Pizza, Cheese Slice WG Veggie Cup F2T with Ranch Cinnamon Graham Bears Fruit Salad**** Milk Milk, Skim
Oct 6 Walking Taco Corn Orange Wedges Sour Cream PC Fruit Juice Assorted Milk Milk, Skim	Oct 7 Popcorn Chicken Mac & Cheese, Cheddar Peas Strawberries, fresh F2T Apple Juice Milk Milk, Skim	Oct 8 Meatballs Cheesey WG Bread Stick Green Beans Applesauce Fruit Juice Assorted Milk Milk, Skim	Oct 9 Hot Dog CN on WG Roll Smiley Face Potatoes Carrot Coins** Fruit Juice Assorted Red Grapes Milk Milk, Skim	Oct 10 Pizza, Cheese Slice WG Veggie Cup F2T with Ranch Apple Cookie Fruit Juice Assorted Milk Milk, Skim
Oct 13	Oct 14 Chicken Patty on a WG Bun Spring Salad w/garbanzo bean s Applesauce w/Cinnamon Milk Milk, Skim	Oct 15 Cheeseburger on a Bun Smiley Face Potatoes Peas Apple Milk Milk, Skim	Oct 16 Walking Taco Corn Orange Wedges Sour Cream PC Fruit Juice Assorted Milk Milk, Skim	Oct 17 Pizza, Cheese Slice WG Veggie Cup F2T with Ranch Cinnamon Graham Bears Fruit Juice Assorted Milk Milk, Skim
Oct 20 Popcorn Chicken BBQ sauce pc Smiley Face Potatoes Carrot Coins** Apple Milk, Skim Milk	Oct 21 Meatballs Green Beans Cheesey WG Bread Stick Fruit Snack Apple Juice Milk Milk, Skim	Oct 22 Omelet, Egg w/Cheese Fresh Cucumber and Tomato s lices Apple Cinnamon Muffin Banana Milk Milk, Skim	Oct 23 Chicken Fingers BBQ sauce pc Peas Sweet Potato Bites Fruit Cocktail Apple Juice Milk Milk, Skim	Oct 24 Pizza, Cheese Slice WG Veggie Cup F2T with Ranch Cinnamon Graham Bears Fruit Salad**** Milk Milk, Skim
Oct 27 Walking Taco Corn Orange Wedges Sour Cream PC Fruit Juice Assorted Milk Milk, Skim	Oct 28 Popcorn Chicken Mac & Cheese, Cheddar Peas Strawberries, fresh F2T Apple Juice Milk Milk, Skim	Oct 29 Meatballs Cheesey WG Bread Stick Green Beans Applesauce Fruit Juice Assorted Milk Milk, Skim	Oct 30 Hot Dog CN on WG Roll Smiley Face Potatoes Carrot Coins** Fruit Juice Assorted Red Grapes Milk Milk, Skim	Oct 31 Pizza, Cheese Slice WG Veggie Cup F2T with Ranch Apple Cookie Fruit Juice Assorted Milk Milk, Skim

This institution is an equal opportunity provider.

Welcome to OLV Human Services Farm to School Menus

National Hunger Hotline 1-866-3-HUNGRY 1-887-3-HAMBRE

***text "Food" to 304-304**

-Visit- SummerMealsNY.org

OLV Human Services is dedicated to providing our students with a safe and clean environment that meets all of their child nutrition needs during our school day.